#### TORONTO INTERGENERATIONAL PARTNERSHIPS IN COMMUNITY (TIGP)

BRINGING GENERATIONS AND COMMUNITIES TOGETHER SINCE 1983

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# Intergenerational Connections

#### ANNUAL REPORT 2018



### **Stretching Your Dollars Program**

In February of 2017, Toronto Intergenerational Partnerships (TIGP) was selected as one of the 29 new agencies to receive funding from the United Way of Toronto and York Region. The funding is for TIGP's three year "Stretching Your Dollars" money management program. This new and exciting pilot program will enable seniors and youth to explore and learn about new money management techniques while living within their means and exploring all that this exciting city has to offer.

This year the Stretching Your Dollars program is taking place in the East York Acres and Gilder communities where seniors and youth have already started to share their knowledge and learn new skills related to budgeting, and accessing local discounts.

To learn more about our new TIGP "Stretching Your Dollars" program or to register as a volunteer please call (416) 531-8447 ext. 3.

# Board of Directors 2017-18

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Kathryn Ang Community Development Linda Chow Accounting Clerk

Saira Jafri Community Development Stephanie Wall Community Development Anastasia Downey Program Assistant Salma Elbrair Program Assistant Charlene Manning Program Assistant

Charitable Tax Number 13501 6400 RR0001

# **Our Mission and Mandate**

#### Vision

We work toward creating a society that values, supports and welcomes the contributions of all individuals throughout their lives. For this reason, we engage people of all ages, backgrounds, cultures and experiences in a variety of intergenerational activities.

#### **Principles**

We believe in:

- Respecting and valuing the ways of all ages, backgrounds, cultures and experiences.
- Respecting and valuing the thinking of all generations.
- Eliminating artificial and systemic barriers created by age stereotyping and all other forms of discrimination.
- Extending and sharing intergenerational support beyond family and acquaintances.

#### Objectives

Our objectives are as follows:

- Promoting intergenerational harmony and lifelong learning.
- Designing and delivering programs that encourage the participation of individuals of all ages, backgrounds, cultures and experiences.
- Striving to become a centre of best practices for intergenerational programming.
- Promoting and incorporating access and equity principles in all of our activities.
- Selecting diverse community agencies with whom we can form specific, finite, renegotiable contract partnerships. The goal of such partnerships is an intergenerational program under the auspices of the partner's agency.

### **Behind the Scenes at TIGP**



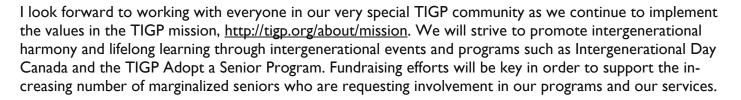
Special thanks to our dedicated program volunteers!



# **Message from the President**

#### Dear Friends of TIGP,

As President of the Board of Directors of Toronto Intergenerational Partnerships (TIGP) since June of 2016, board member since 2005, and Toronto District School Board (TDSB) mathematics teacher from 1970 to 2015, I have always enjoyed working in partnership with TIGP and providing students and staff members with learning opportunities to enrich not only their own lives, but also the lives of others through their involvement in TIGP intergenerational programs. My partnership with TIGP began in 2001 when I became the Staff Advisor of the Seniors in Cyberspace program at Monarch Park Collegiate and continued at Riverdale Collegiate Institute when I became the Curriculum Leader of Mathematics and the Staff Advisor for the Riverdale Intergenerational Club from 2010 to 2015.



I would personally like to say "Thank you" to everyone on the TIGP Board of Directors, to the TIGP staff, to our patrons, to our community partners, clients, funders, donors, seniors, and volunteers for your continued commitment to and support of TIGP. On behalf of the TIGP Board of Directors and everyone involved with TIGP, I would like to say "Thank you" to everyone on the staff of TIGP for your knowledge of, commitment to, and expertise in intergenerational programming. In particular, a very special "Thank you" is in order for the dynamic Sara Beretka, who has done an outstanding job this year as the Executive Director of TIGP.

Mary Card, President, TIGP Board of Directors

# **Message from the Executive Director**

Wow, what an exciting year it has been for TIGP. I would like to take this opportunity to thank all of TIGP's Clients, Partners, Volunteers, Board Members, Staff and friends for welcoming me as the new Executive Director of TIGP, and I look forward to continue working alongside everyone in the years to come.

It is my great pleasure to announce that TIGP was selected as one of the 29 new United Way funded agencies for our new "Stretching Your Dollars" program. This new program will provide tools and techniques for people living on a set income to stretch their dollars.

I am also very excited to announce that TIGP received New Horizons funding for our "Generations of the Bells - An Intergenerational Bell Choir" project. This new project will be taking place on Tuesday evenings at Greenwood Towers and is an opportunity for community members to share their love of music. No musical experience is required to register for this project, To gather more information about this project please call (416) 531-8447.

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# **Social Visiting and Safety Highlights**



Our Social Visiting and Safety Program partnerships are made possible through funding from the Toronto Central Local Health Integration Network (TC LHIN) and the City of Toronto.

# **Recognizing Long-Standing Intergenerational Partnerships**



The Partnerships between the Rekai Centres Sherbourne Place and Spruce Court EarlyON Centre and Wellesley Central Place and Rose Avenue Child Care Centre has been an excellent example of innovative intergenerational programming. The Rekai Centres has also taken a leadership role in hosting a large Intergenerational Day Canada Celebration welcoming the community for the past 3 years!

Congratulations to the Rekai Centers Sherbourne Place and Wellesley Central Place and their Partners Spruce Court PFLC and Rose Avenue Child Care Centre, recipients of the 2017-2018 TIGP Community Partnership Award.

Annella Santhisilva has been a leader in the East York Acres Community for the past 10 years, and an integral part of the TIGP Community for the past 5 years as a dedicated member of the IVAC committee. Annella has touched the lives of many community members by encouraging everyone to be involved in programs and inviting community members to join special events. She has taken a leadership role planning and delivering special theatrical performances at many TIGP events including the Festive Pot Luck Luncheon and Intergenerational Day Canada. Her warm approach to ensure that isolated members of the community are included is commendable. Annella continues to help build community capacity within TIGP.



Congratulations to Annella Santhisilva who is the recipient of the 2017-2018 TIGP Community Service Award.

# **Social Visiting Highlights**



100+ people enjoyed the musical performances at our 16th Annual Festive Potluck luncheon



Working together on Brain Fitness Activities.



Seniors learned about Traditional Indigenous Drumming



Gus Harris Seniors knitted scarfs, hats and mittens for the Gilder Community this winter!



Learning how to play Dominoes during the Intergenerational Games Club!



Staying Active at our Community Chair Fitness Program

# **Volunteer Highlights**

#### Congratulations to Nicole Gatzios and Panagiota Zografaki, recipients of the 2017-2018 TIGP Youth Volunteer of the Year Award.

Tell me and I will forget; show me and I may remember; involve me and I will understand

**Chinese Proverb** 



Nicole and Panagiota have been the Presidents of the Riverdale Intergenerational Club at Riverdale Collegiate and Technical Institute for the past 2 years. These two grade 12 students have taken an active role in volunteering with the Riverdale Intergenerational Club since they were in grade 9 and in the past 2 years as the executive committee they have helped to build the club to one of the largest in the school, encouraged all of their members to volunteer at TIGP events and community programs and have built a strong relationship with Heritage Nursing home by delivering hand made holiday cards during every festive season.

# Congratulations to Susan Marges, recipient of the 2017-2018 TIGP Volunteer of the Year Award.



Sue Marges has been volunteering with TIGP for over 10 years in a variety of capacities. She has taken on a leadership role helping to deliver the Glenyan Manor Program, When speaking about the seniors she serves she often refers to them as "my seniors". Sue also volunteers for TIGP at the Dolphin Bingo six times a month. Over the past year, Sue has really taken a leadership role training and recruiting new volunteers to assist at the Bingo Hall!



# **HELP YOUR COMMUNITY**



Do you want to teach seniors how to use a computer or to play social games (for example: scrabble, cards, checkers)?

Do you want to make new friends?

Can you volunteer two hours a weeks?

If so, please call or email Saira Jafri at (416) 531-8447 ext. 2 or <u>saira@tigp.org</u> to learn how you can make a difference in your community!

### Year Round—Home Help



Do you need help with cutting your grass, raking your leaves, shoveling snow or other odd jobs around your home?

Our Seniors Assistance Home Maintenance (SAHM) Program can connect you with a student or adult brokered worker to help you around your home. Worker rates are \$15 an hour.

This is not an emergency service so please call us at (416) 531-8447 to learn about the registration process.

### **Partnership Milestones**

TIGP values and recognizes our long-standing partnerships across the City of Toronto

#### 5 Year Partnership with TIGP

Bloor Collegiate Institute Flemingdon Day Care Gilder Club 31 TDSB Enhanced Language Training University of Toronto

#### 10 Year Partnership with TIGP

Dawes Road Centre Early Learning

East York Acres

**Gus Harris Place** 

Jarvis Collegiate Institute

#### 15 Year Partnership with TIGP

Glenyan Manor Lakeside Long-Term Care Monarch Park Collegiate Institute Seneca College Winchester Square

#### 20+ Years Partnership with TIGP

Rekai Centre—Sherbourne Place

Danforth Collegiate and Technical Institute	Greenwood Towers	Rose Avenue Jr. Public School
Essex Jr./Sr. Public School	Heritage Nursing Home	Queen Victoria Jr. Public School
Fudger House (City of Toronto)	The O'Neill Centre	Toronto Community Housing
George Brown College	Riverdale Collegiate Institute	Toronto District School Board

# **Benefits of Intergenerational Programs**

#### For Community and Society as a Whole

- Healthier populations (improved emotional, mental and physical health)
- Safer neighbourhoods (less crime, less abuse, less violence)
- Stronger communities (everyone's strengths are utilized)
- More harmonious communities (positive regard for different generations and cultures; less discrimination)
- Demographic change management (smoother management of demographic change and the aging population)
- Generational knowledge transfer (reduced loss of societal and cultural knowledge and skills)

#### **Benefits to Children and Youth**

- The development of healthy attitudes towards aging
- Educational enrichment and ongoing skills development
- Improved self-esteem, social and life skills
- A strengthened sense of community and social responsibility
- The promotion of culture, heritage and history

#### **Benefits to Adults and Seniors**

- Improved life satisfaction and enhanced self-esteem
- Ongoing skills development
- Feelings of continued usefulness and connectedness in the community
- An opportunity to decrease social isolation through the development of meaningful relationships with younger generations that extend beyond family and friends

# **Supporting TIGP–Ways to Donate**

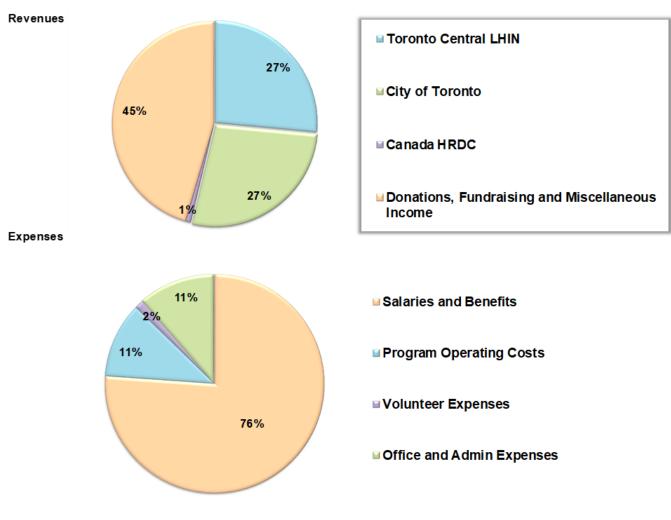
Thank you to everyone in our TIGP Family for your continued support of our intergenerational programs. To make a secure donation please use one of the following methods:

**Donate Online:** Visit our website – <u>www.tigp.org</u> – to make a secure online donation through **Canada Helps** using your Visa, MasterCard or American Express credit card.

- By Phone: Call Sara Beretka at (416) 531-8447 ext. I
- By Email: Email sara@tigp.org
- By mail : Toronto Intergenerational Partnerships in Community Danforth Collegiate and Technical Institute 800 Greenwood Avenue, Room A55 Toronto, Ontario M4J 4B7 Attention: Sara Beretka



Financial Highlights For the Year Ended March 31, 2018



#### **Statement of Operations**

For the Year Ended March 31, 2018

xcess (Deficit) of Revenues over expenses		Ś	2,849.00
otal Expenditures		\$	286,509.00
ffice and Admin Expenses		\$	32,554.00
olunteer Expenses		\$	3,934.00
rogram Operating Costs		\$	31,959.00
laries and Benefits		\$	218,062.00
ENDITURES			
tal Revenue		\$	289,358.00
le of Services	Sale of Services	\$	0.00
nations, Fundraising and Miscellaneous Income		61m <b>\$</b>	131,575.00
	Canada HRDC	\$	2,394.00
	City of Toronto	\$	78,754.00
vernment Funding	Toronto Central LHIN	\$	76,635.00

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We honor the following donors whose generous donations have had a major impact on communities, while contributing to the success of TIGP:

Friends of TIGP (\$1 to \$999)	Int Ca Spe
Arcadia Homecare	City
M. Card	Gle
J. Cribben	
L. Guran	Gre
J. Maher	Her
J. Mann	Fud
J. Marshall	Rek
J. McCann	She
L. Ooi	Rek We
Supporters	***
(\$1,000 to \$4,999)	Tor
(\$1,000 (0 \$4,777)	Hea

Danforth Collegiate and Technical Institute

K. M. Hunter Charitable Foundation

Toronto Community Housing

#### **Community Builders** (\$5,000 to \$9,999)

Tippet Foundation

Geoffrey H. Wood Foundation

#### Pillars of the Community (\$25,000+)

City of Toronto— Seven Oaks

#### ergenerational Day nada 2017 Event onsors

y of Toronto

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ritage Nursing Home

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kai Centre erbourne Place

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ronto Central Local alth Integration Network (TCLHIN)

**Toronto Community** Housing



### Adopt a Senior Program 2017-2018 Sponsors

S. Beretka	J. McKinnon
M. Card	S. McMahon
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T. Jakobek	S. Rae
C. Limotta	V. Sarina
S. MacCracken	R. Simmons



Special thanks to our funders, supporters, patrons and to the corporations who support TIGP through financial and in-kind support:

- Liona Boyd, patron
- Jim Devellano, patron
- **Hi-Tech Compunet Service**
- New Horizons for Seniors Program
- **Ontario Seniors' Secretariat**
- Service Canada
- The City of Toronto
- The Kiwanis Club of East York, patron
- The Toronto District School Board (TDSB) Danforth Collegiate and Technical Institute
- Toronto Central Local Health Integration Network (Toronto Central LHIN)

Financial and in-kind donations help us to achieve our mission of bringing generations and communities together across the Greater Toronto Area. Please consider ways that you can support TIGP's programs and services.

Our annual "Temptations" 2018 fundraising event raised funds to support Intergenerational programs that directly benefit children, youth and seniors. Special thanks are extended to the following individuals and local businesses who donated items for the silent and live auctions:

3M Canada	Elevated Health	Shawn's Archery
Aga Kahn Museum	Fermentations	Shirly Cristinga
B Side Beauty	Gardner Museum	SkyZone Toronto
Bang Salon	George Armstrong	Smith Bros Steak House
Barbara Michalik	Inspire Home Décor	Sobeys Todmorden
BarreWorks	Jacquelyn Giles Caryl Baker Visage	Steam Whistle Brewing
Battle Sports	Jane Simmons	Stratford Festival
Benjamin Moore	Joginder Narula	Studio B Salon
Bernadette Connors	Karen Thompson	Sue McMahon
Beth La Jambe	Ki Modern Japanese Bar and Girll	Tarragon Theatre
Bill Lohman	Kids can Press	The Beer Bus
Black Creek Pioneer Vil- lage	Lawrence Home Depot	The Bird Kingdom
British Style Fish & Chips	Lynda Ly	The Clay Room
Caffe Demetre	Maryanne Bendell	The Clifton Group
Cinzia Limotta	Mastermind Toys	The Great Canadian Sox Shop
City of Toronto Historic Sites	Medieval Times	The Hockey Hall of Fame
CN Tower	Meg Geisberger	The National Ballet of Canada
Communtiy Quilting	MLSE	The Old Spaghetti Factory
Cook East Market	Morningstar	The ROC
Crave and Covet	MPP Peter Tabuns	The ROM
D'Abril	Oats 'n Acorns	The Ten Spot
Danforth Home hardware	Ontario Science Centre	Treasure Island Toys
DeSantos Premier Martial Arts	Paul Beretka	True North Climbing
Dotty Dress Studio	Rick Simmons	Vanessa Morum
Dufflet Pastries	Sara Beretka	Wishy Washy Laundry









Photos courtesy of Mary Card.

# **Community Partners 2017-2018**

#### **Elementary Schools**

- Bruce Junior
- Essex Junior/Senior
- Deer Park Jr. School
- Montrose Junior
- Queen Victoria Junior
- Rose Avenue Junior

#### **Secondary Schools**

- Bloor Collegiate
- Central Technical School
- Danforth Collegiate & Technical Institute
- Greenwood Secondary
- Jarvis Collegiate Institute
- Marc Garneau Collegiate
- Monarch Park Collegiate
   Institute
- Riverdale Collegiate
   Institute

#### **Colleges and Universities**

- George Brown College
- University of Guelph-Humber
- Herzing College
- Seneca College
- TDSB Enhanced Language Training (ELT) Program

E Like us on Facebook



#### Day Care, Child Care and Parent Resource Centres

- Dawes Road Centre for Early Learning
- Flemingdon Child Care Centre
- Rose Avenue Child Care
   Centre
- TDSB Parenting & Family Literacy Programs East (Sprucecourt Jr. PS)

# Agencies and Organizations

- Afghan Cultural Seniors Foundation
- Bradgate Arms
- COSTI Immigrant Services
- Dreamation Art Project
- Fudger House
- Heritage Nursing Home

# Agencies and Organizations

- i2i Intergenerational Society
- Lakeside Long-Term Care
- Rekai Centres - Sherbourne Place
  - Wellesley Central Place
- The O'Neill Centre
- Toronto Community Housing
  - Byng Towers
  - East York Acres
  - Gilder Club 31
  - Glenyan Manor
  - Gus Harris Place
  - Flemingdon Park Area
  - Greenwood Towers
  - Winchester Square
  - Tropicana Employment Centre
- True Davidson Acres

#### INTERGENERATIONAL CLUBS

- Danforth Collegiate and Technical Institute
  - Riverdale Collegiate Institute

#### TIGP is a member of the following organizations —

- CNAP—Community Navigation and Access Program
- Dolphin Bingo Association
- ECHOage
- Older Women's Network
- Seniors Service Network
- Toronto Council on Aging
- Toronto Association of Volunteer Administrators
- Volunteer Toronto

### **TIGP–Bringing Generations and Communities Together since 1983**

**Toronto Intergenerational Partnerships in Community (TIGP)** Danforth Collegiate and Technical Institute 800 Greenwood Avenue, Room A55 Toronto, Ontario M4J 4B7

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