TORONTO INTERGENERATIONAL **PARTNERSHIPS IN** COMMUNITY (TIGP)

# Intergenerational Connections

ANNUAL REPORT 2015

**COMMUNITY** 

Day Canada every June 1st.

As a leader in the development and delivery of Intergenerational programs in Toronto, TIGP took the lead by calling to action residents of Toronto to celebrate inaugural Intergenerational Day Canada events on June 1, 2014.

The City of Toronto proclaimed the day

importance of building harmony amongst generations TIGP encourages Toronto

residents to plan special times with older

adults in their communities every June 1st.

School Board proclaimed the day in

To heighten the awareness of the

perpetuity.

in 2014 and 2015 and the Toronto District

**CELEBRATIONS** 

From the cliffs of St. John's to the surf of Tofino, from Inuvik to Windsor, cities coast to coast encourage young and old to say hello and get to know each other better by celebrating Intergenerational

BRINGING GENERATIONS COMMUNITIES **TOGETHER SINCE 1983** 







# Intergenerational Day Canada June Ist provides an opportunity to raise awareness value of generational connecting within each and everyone's neighbourhood.

#### in daily life of the many benefits that simple and respectful connections between generations bring to education, health and community safety. Stereotypes of both young and older people are broken down when they learn about each other. Isolation is diminished and empathy grows in both directions. Intergenerational Day Canada makes a powerful statement about the

TIGP is working in collaboration with the i2i Intergenerational Society in British Columbia who spearheaded Intergenera-

tional Day Canada.

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Community 12 **Partners** 

# **Board of Directors** 2014-2015

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Janet Maher
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Finance Manager

Finance Managei

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Derek Bailey
Community Development
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Program Assistant
Andrew Smalling
Program Assistant
Moe Drammeh
Program Assistant

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#### **Our Mission and Mandate**

#### Vision

We work towards creating a society that values, supports and welcomes the contributions of all individuals throughout their lives. For this reason, we engage people of all ages, backgrounds, cultures and experiences in a variety of intergenerational activities.

#### **Principles**

We believe in:

- Respecting and valuing the ways of all ages, backgrounds, cultures and experiences.
- Respecting and valuing the thinking of all generations.
- Eliminating artificial, systemic barriers created by age stereotyping and all other forms of discrimination.
- Extending and sharing intergenerational support beyond family and acquaintances.

#### **Objectives**

Our objectives are as follows:

- Promoting intergenerational harmony and lifelong learning.
- Designing and delivering programs that encourage the participation of individuals of all ages, backgrounds, cultures and experiences.
- Striving to become a centre of best practices for intergenerational programming.
- Promoting and incorporating access and equity principles in all our activities.
- Selecting diverse community agencies with whom we can form specific, finite, renegotiable contract partnerships. The goal of such partnerships is an intergenerational program under the auspices of the partner's agency.

#### **Behind the Scenes at TIGP**

Appreciation is extended to our college and university field placement students and administration volunteers for their ongoing support and dedication this year.

Back Row—left to right— Lynda Wade, Sandra Leith, Sara Reda, Jorelle Burgher, Sara Simmons

Front Row—left to right— Sophia Park, Christine Alexander

Missing—Louis Tram





# **Message from the President**

For over 30 years, TIGP has been bringing together youth and seniors in our city in ways that enrich the lives of both seniors and youth, and the past year was no exception. Our work and that of dedicated staff and volunteers of all ages have been critical to sensitizing youth to the gifts of older generations. At the same time, the support and encouragement of youth make it possible for seniors to continue to be socially and physically active, for youth to understand in detail the senior experience and to learn by doing community service, and for isolated seniors to



maintain links with youth that keep them young at heart through story-telling and programs such as Seniors in Cyberspace, reading and social visiting, and other activities.

This year we spearheaded an innovation in Toronto with Intergenerational Day Canada. We sought and received a declaration of Intergenerational Day Canada from the City of Toronto, and several Institutional Members hosted open houses in celebration of the day on June 1<sup>st</sup>, 2014 that included a range of activities for all ages, as well as short tours and speeches marking the event.

Last year, we have also worked very hard at diversifying our resources, in part by beginning the implementation of several communications recommendations made to us pro bono by Endeavour Consulting; and in part by expanding our reach with existing and new community partners.

We have continued to work with funding partners at the City and the Local Health Integration Network primarily to facilitate innovative programming—home maintenance, and Seniors in Cyberspace with frailer seniors in homes for the aged, long-term care and retirement homes across the city, and with New Horizons to support social visiting and other activities for active community seniors.

I have been pleased to serve on the Board of Directors at a time of flux as many organizations, including TIGP, have been challenged to try to do more with less funding. I want to offer special thanks to all our funding partners, who continue to provide critical resources for our programming, as well as to all the volunteers and individual donors who make it possible for us to be so effective with our limited resources in intergenerational program delivery.

Janet Maher, President, TIGP Board of Directors

### YOU177 UPDATE —Young & Old United—1 world . 7 generations .7 billion people

A grant from New Horizons for Seniors Program enabled seniors groups from across Toronto to network with their peers and younger generations in YOU177 community projects. The intergenerational groups shared their life experiences and their dreams for social change in their communities and around the world through storytelling, creative writing and dance. The final networking session event united the five seniors groups and youth volunteers where they learned about the YOU177 experiences in other communities.



# **Social Visiting and Safety Highlights**



Our Social
Visiting and Safety
Program partnerships are made
possible through
funding from the
Toronto Central
Local Health
Integration
Network
(TC LHIN)
and the
City of Toronto.

# **Recognizing Long-Standing Intergenerational Partnerships**

One of the <u>first</u> intergenerational programs that TIGP developed in 1986 was a program in partnership with Heritage Nursing Home. The program has flourished over the past 29 years and Heritage Nursing Home has sustained their existing partnership with Bruce Junior Public School during the past five years.

Teachers Kendra Dubelaar and Pauline Quan stated that their "students have gained empathy and understanding of the challenges that their Grandpals may face during their monthly visits. During some visits shy introductions and conversations give way to polite chatter, while Grandpal faces light up with smiles as some students give cards that they just made for their Grandpals."

Students reflect in their journals after each visit -

"I think Grandpals have nice, kind, caring souls. I love seeing them. I think the Grandpals are lucky to have us and we are lucky to have them.—Merren, Gr. 3 "I think we kids have reminded them of when they were young, so that might be why they show so much respect, so we tried our best to be nice. P.S. they were so friendly!" - Jay, Gr. 2

"I met two people who spoke a different language, but that is okay, because everybody is different. RIGHT? I knew the Grandpals were probably happy that we came because it's not every day they get to see kids. RIGHT? - Penny, Gr. 3



Congratulations to Heritage Nursing Home and Bruce Public School, recipients of the 2014-2015 TIGP Community Partnership Award.

## Year Round—Home Help

Do you need help with cutting grass, raking leaves, shoveling snow or other odd jobs at home? Our **Seniors Assistance Home Maintenance (SAHM)** program can connect you with a student or adult Brokered Worker to help you around your home. Youth rates are \$12 an hour and adult rates are \$15 an hour.

This is not an emergency service so please register early by calling or emailing Derek Bailey at (416) 531-8447 ext. 3 or derek@tigp.org



# **Community Social Visiting Highlights**



Gardening together at Glenyan Manor



Connecting generations at Greenwood Towers



Learning typing skills at Rankin Place



Festive socializing in the Adanac Community



East York Acres exploring Toronto



Learning about cell phone technology at the Emerald Isle Seniors Society



Gaining computer and Internet knowledge in the Seniors in Cyberspace program at Sunrise Towers

# **Volunteer Highlights**

Congratulations to Isaiah Burton & Eric Duncan, recipients of the 2014-2015 TIGP Youth Volunteer of the Year Award.

Real generosity
towards the
future lies in
giving all to
the present Albert Camus

Isaiah Burton and Eric Duncan are friendly faces at Greenwood Towers where they have volunteered together for over a year socializing with seniors during our weekly program.

In addition, they co-chair the Danforth Collegiate Intergenerational Club, identifying ways for their peers to become involved in TIGP programs and serve as youth advisors on the Intergenerational Volunteer Advisory Committee (IVAC).



#### **Ministry of Citizenship Awards**

Congratulations to our youth volunteers who were nominated for the Ministry of Citizenship 2015 Volunteer Service Awards -

- Eleanor Gilles-Nielsen—Glenyan Manor
- David Huang—Riverdale Collegiate Institute
- Eddy Huang—Riverdale Collegiate Institute
- Stanley Sik—Riverdale Collegiate Institute



Congratulations to Lynda Wade recipient of the 2014-2015 TIGP Volunteer of the Year Award.





Lynda Wade has excelled at sustaining a variety of intergenerational programs in the Adanac Community during the past three years. By doing so, others have directly benefitted from their involvement in TIGP's Seniors in Cyberspace program, Exercise Program and special themed events.

In addition, Lynda has demonstrated her leadership abilities while assisting TIGP with administration, bingo fundraising at the Dolphin Bingo Hall and our annual "Temptations" fundraising event.



#### **Intergenerational Volunteer Program Update**

A two-year grant from the Ontario Trillium Foundation enabled TIGP to revitalize the infrastructure of our Intergenerational Volunteer Program, where we changed our approach to engaging volunteers of all ages in their communities rather than our traditional way of referring volunteers to schools and long-term care facilities. Using an asset-based approach, we learned of the interests and knowledge that volunteers wanted to share and developed opportunities for the volunteers to provide service in their communities based on their interests and availability.

Intergenerational Clubs were developed and strengthened at Danforth Collegiate and Technical Institute and Riverdale Collegiate Institute. Youth implemented a variety of projects to support local seniors. In retrospect, seniors in the Adanac community also identified ways that they would like to be more engaged in their own community and they are developing strategies to sustain several intergenerational programs.

As a result of this grant we have updated our procedures and policies, website and volunteer resources and have developed an improved system for maintaining volunteer statistical data.





Congratulations to Ben and Braden Martyn recipients of the 2014-2015
TIGP Seniors in Cyberspace Award.

It's a family affair ... brothers Ben and Braden Martyn are to be commended for volunteering for over a year in TIGP's Seniors in Cyberspace program at Rankin Place where they eagerly teach seniors how to use computers and the Internet. "They are always happy to attend the program and have developed a wonderful relationship with their respective seniors!"





Congratulations to Riverdale Collegiate Intergenerational Club Volunteers recipients of the 2014-2015 TIGP Community Service Award.

One of the largest clubs at Riverdale Collegiate, the Riverdale Intergenerational Club boasts 80 members and is going strong! Stanley has "helped seniors search for family members online". Eddy has "gained experience by helping and giving back to seniors with a shared cultural ethnicity" who have helped him to "respect life a bit more."

# **Benefits of Intergenerational Programs**

#### For Community and Society as a Whole

- Healthier populations (improved emotional, mental and physical health)
- Safer neighbourhoods (less crime, less abuse, less violence)
- Stronger communities (everyone's strengths are utilized)
- More harmonious communities (positive regard for different generations and cultures; less discrimination)
- Demographic change management (smoother management of demographic change and the aging population)
- Generational knowledge transfer (reduced loss of societal and cultural knowledge and skill)

#### Benefits to Children and Youth

- The development of healthy attitudes towards aging
- Educational enrichment and ongoing skills development
- Improved self-esteem, social and life skills
- A strengthened sense of community and social responsibility
- The promotion of culture, heritage and history

#### **Benefits to Adults and Seniors**

- Improved life satisfaction and enhanced self-esteem
- Ongoing skills development
- Feelings of continued usefulness and connectedness in the community
- An opportunity to decrease social isolation through the development of meaningful relationships with younger generations that extend beyond family and friends

# **Supporting TIGP—Ways to Donate**

Thank you to everyone in our TIGP Family for your continued support of our intergenerational programs. To make a secure donation please use one of the following methods:

**Donate Online:** Visit our website – <u>www.tigp.org</u> – to make a secure online donation through

Canada Helps using your Visa, MasterCard or American Express credit card.

By Phone: Call Sue McMahon at (416) 531-8447 ext. I

By Email: Email - sue@tigp.org

By mail: Toronto Intergenerational Partnerships in Community

Danforth Collegiate and Technical Institute

800 Greenwood Avenue, Room A36

Toronto, Ontario M4J 4B7

Attention: Sue McMahon, Executive Director



76,635.00

25,592.00

307,663.00

1,119.00

\$

\$

#### Financial Highlights

REVENUES

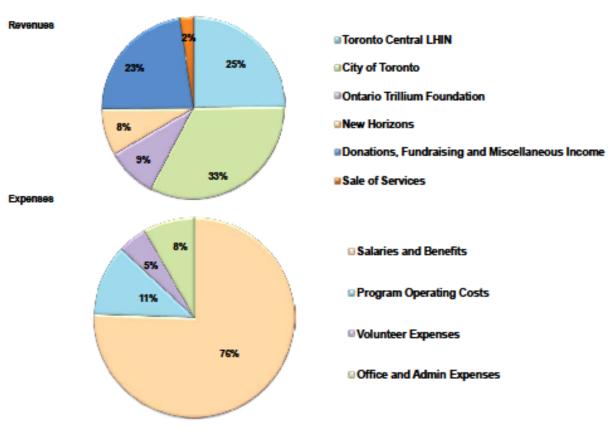
Government Funding

Office and Admin Expenses

Excess (Deficit) of Revenues over Expenses

Total Expenditures

For the Year Ended March 31, 2015



Statement of Operations For the Year Ended March 31, 2015

Toronto Central LHIN

	City of Toronto	\$	101,573.00	
	Ontario Trillium Foundation	\$	27,500.00	
	New Horizons	\$	25,704.00	
Donations, Fundraising and Miscellaneous Income		\$	69,988.00	
Sale of Services		\$	7,382.00	
Total Revenue		\$	308,782.00	
EXPENDITURES				
Salaries and Benefits		\$	232,261.00	_
Salaries and Benefits Program Operating Costs		\$ \$	232,261.00 35,278.00	
		\$ \$ \$		



We honor the following donors who generous donations have had a major impact on communities, while contributing to the success of TIGP:

		•		_
Frie	ends	Ωt	110	GP

(\$1 to \$999)

(\$1,000 to \$4,999)

**Supporters** 

B. Bryden

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Dan Thomas Inc.

K. M. Charitable Foundation

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**Legacy Builders** (\$10,000 to \$24,999)

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Riverdale Collegiate

Institute

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The O'Neill Centre

IN LOVING MEMORY OF

John & Dawn Miller

donation from Mary Card

**Bert Latchford** 

donation from Mike McMahon

Intergenerational Day Canada 2015 Event Sponsors

A-Supreme Nursing and Home Care

City of Toronto

John Bead Outlet

Toronto Central LHIN

**Toronto Community Housing** 



Fannie Feng presents TIGP's Fundraising Committee members with a donation from the Royal Bank of Canada Employee Volunteer Fund.



Special thanks to our funders, supporters, patrons and to the corporations who support TIGP through financial and in-kind support:

- Jim Devellano, patron
- **Hi-Tech Compunet**
- **New Horizons for Seniors Program**
- **Service Canada**
- The City of Toronto
- The Kiwanis Club of East York, patron
- The Toronto District School Board—Danforth Collegiate
- The Ontario Trillium Foundation
- Toronto Central Local Health Integration Network (Toronto Central LHIN)
- **Toronto Community Housing**

# Our annual "Temptations" 2015 fundraising event raised funds to support Intergenerational programs that directly benefit children, youth and seniors. Special thanks are extended to the following individuals and local businesses who donated items for the silent and live auctions—

3M Canada	Green Basil	Needlework Shop	Strictly Bulk
Annick Press	Harry Spindel	North Pole Bakery	Tammy Nails & Spa
Averena Maenz	Jack & Valerie Cribben	Ontario Science Centre	The Artisans
Bagels on Fire	Jeannie Mazur	Pet Value—Queen St. E.	The O'Neill Centre
Beaches Natural Foods	Joginder Narula	Ray Boyle	Old Spaghetti Factory
Black's—The Beaches	Joy of Dance Centre	Remarkable Bean	The Over Draught Irish Pub
Buddies in Bad Times	Kappa Optical	Rick Simmons	Tilley Endurables
Carlton Cinema	Karen Thompson	Ripley's Aquarium of Canada	Toronto Region Conservation
Carol Mitchell	Keys & Collectibles	Rodger Rylott	Toronto Argonauts
Casa Loma	Linda & John Sullivan	Ross Hillis	Toronto Dance Theatre
Cathy Price	Mandarin Restaurant	Shoppers Home Health Care	Tracy Niven
Cinzia Limotta	Maple Leaf Sports	Society Clothing	Walmart Canada
Ciraco Custom Frames	Mariposa Cruises	Soloman Hossain	Wes & Blanche Mitchell
Classic Fireplace	Mastermind	Soulmutts Toronto Ltd.	Yasmeen Halal Meat
CN Tower	Medieval Times	Starbucks—Gerrard and Jones	YogaFit Canada

Copy Cat Reproduc- Mike McMahon

tions

COSTCO

Cool East Market

Mohamadou Drammeh

Metro—Shoppers World

Court Jester Pub Mohammed Rehman

Danforth Auto Tech Monarch Park Collegiate

Darlene Rouse Motorama Restaurant

Elmwood Spa MPP Peter Tabuns

Eye Candy Optical Mysteriously Yours

Fort York Mystic Restaurant

Gina Bailey Nails Spa



Steam Whistle Brewing



Young People's Theatre





Financial and in-kind donations help us to achieve our mission of bringing generations and communities together across the Greater Toronto Area.

# **Community Partners 2014-2015**

#### **Elementary Schools**

- Bruce Junior
- Eglinton Junior
- Essex Junior/Senior
- Montrose Junior
- Queen Victoria Junior
- Rose Avenue Junior

#### **Secondary Schools**

- Bloor Collegiate
- Central Technical School
- Danforth Collegiate & Technical Institute
- Jarvis Collegiate Institute
- Monarch Park Collegiate
- Riverdale Collegiate Institute
- SOLE Academy
- Victoria Park Collegiate

#### **Colleges and Universities**

- George Brown College
- University of Guelph-Humber
- Seneca College
- TDSB Enhanced Language Training (ELT) Program
- University of Toronto

# INTERGENERATIONAL CLUBS

- Danforth Collegiate and Technical Institute
- Riverdale Collegiate Institute

# Day Care, Child Care and Parent Resource Centres

- Dawes Road Centre for Early Learning
- Flemingdon Childcare Centre
- Kids and Company Daycare
- West End Parents
   Daycare

# Agencies and Organizations

- Arts for Children & Youth
- Emerald Isle Seniors Society
- Fairview Nursing Home
- Fudger House
- Heritage Nursing Home
- i2i Intergenerational Society—B.C.

# Agencies and Organizations

- LA Centre for Active Living
- Lakeside Long-Term Care
- Legacy Project
- Sunshine Centre for Seniors
- The O'Neill Centre
- Toronto Community Housing
  - Adanac Community
  - East York Acres
  - Gilder Club 31
  - Glenyan Manor
  - Gus Harris Place
  - Flemingdon Area
  - Greenwood Towers
  - Rankin Place
  - Sunrise Towers
  - Winchester Square
- True Davidson Acres
- Wellesley Central Place

#### TIGP is members of—

- CNAP—Community Navigation and Access Program
- ECHOage
- Kiwanis Club of East York
- Older Women's Network
- Ontario Gerontology Association
- Seniors Service Network
- Toronto Council on Aging
- Toronto Association of Volunteer Administrators
- Volunteer Toronto



Like us as follows—https://facebook.com/pages/Toronto-Intergenerational-Partnerships/205785896100659

## TIGP—Bringing Generations and Communities Together since 1983

Toronto Intergenerational Partnerships in Community (TIGP)

Danforth Collegiate and Technical Institute 800 Greenwood Avenue, Room A36 Toronto, Ontario M4I 4B7 Phone: (416) 531-8447

Fax: (416) 531-7337 E-mail: sue@tigp.org

Website: www.tigp.org