

Intergenerational Connections 2011

ANNUAL REPORT 2011

TORONTO
INTERGENERATIONAL
PARTNERSHIPS IN
COMMUNITY
(TIGP)

BRINGING
GENERATIONS
AND
COMMUNITIES
TOGETHER
SINCE 1983

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INTERGENERATIONAL IS SENSATIONAL !

Toronto Intergenerational Partnerships (TIGP) is celebrating its 25th year of developing and facilitating intergenerational programs and partnerships across Toronto.

As we look back, we reminisce about the long-standing volunteers who have dedicated their time, expertise and skills to enrich the lives of others. We recognize and thank the thousands of children and youth who were eager to share their knowledge while they gained new skills and interests as a result of learning about the contributions that seniors have made in our society.

In reflecting upon our long standing partnerships with schools and long-term care facilities that have flourished over the years, we realized that our new community partnerships have been an opportunity to share our knowledge and lessons learned over the years.



While celebrating the accomplishments since our inception, we would like to take this time to thank everyone who has been involved at TIGP in the past for embracing the concept of intergenerational programming. As partners in developing a caring society, we have created many meaningful memories together.

As we prepare to meet the needs and interests of our aging population, we ask that you consider how intergenerational programs will benefit and strengthen your community. Together, we can demonstrate that "Intergenerational is Sensational".

Board of Directors 2010—2011

Mary Card
Joan Jordan
Julie Lang
Cinzia Limotta
Corinne Manley
Joginder Narula
Greg O'Grady
Kate Powadiuk
Rodger Rylott

Youth Advisors

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Sandra Hanmer
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Finance Manager
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*Manager, Community Health
and Wellness*
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Community Development Worker
Eleanor Griffin
Program Worker
Wai Lie
Program Worker
Angela Jagganarine-Polius
Program Assistant
Mustafa Saamy
Administrative Assistant
Guna Arumugasamy
Program Assistant
Soloman Hossain
Program Assistant

OUR MISSION AND MANDATE

Vision

We work towards creating a society that values, supports and welcomes the contributions of all individuals throughout their lives. For this reason, we engage people of all ages, backgrounds, cultures and experiences in a variety of intergenerational activities.

Principles

We believe in:

- Respecting and valuing the ways of all ages, backgrounds, cultures and experiences.
- Respecting and valuing the thinking of all generations.
- Eliminating artificial, systemic barriers created by age stereotyping and all other forms of discrimination.
- Extending and sharing intergenerational support beyond family and acquaintances.

Objectives

Our objectives are as follows:

- Promoting intergenerational harmony and lifelong learning.
- Designing and delivering programs that encourage the participation of individuals of all ages, backgrounds, cultures and experiences.
- Striving to become a centre of best practices for intergenerational programming.
- Promoting and incorporating access and equity principles in all our activities.
- We select diverse community agencies with whom we can form specific, finite, renegotiable contract partnerships. The goal of such partnerships is an intergenerational program under the auspices of the partner's agency.



Appreciation is extended to our college and university field placement students for their support and dedication this year.

Left to right—Bianca Henry, Estelle Brown, Sean Gedney, Jansu Edis and Ryan McLetchie Fletcher. Missing from the photo are—Nicholas Chang, April Pisani, Puspita Roy and Rashida Powankumar.

*"We make a living by what we get, but we make a life by what we give."
- Winston Churchill*



Message from the President

For the last 25 years, Toronto Intergenerational Partnerships in Community (TIGP) has been a leader and centre of best practices for intergenerational programming. This year we have, once again, experienced an unprecedented year of growth and increasing requests for our programs and our services. Our staff and the members of our Board of Directors developed a five year strategic plan to identify ways to sustain our support for communities and we explored strategies for expansion of our services. We are committed to achieving our goals to better serve our communities.

On behalf of the staff and members of the Board of Directors of Toronto Intergenerational Partnerships, I would like to thank our volunteers, community partners, friends, funders, and foundations for their ongoing commitment to Toronto Intergenerational Partnerships. The ongoing sharing of your knowledge, skills and interests and your belief in our mission and mandate has enabled us to enrich lives as we work together to develop intergenerational harmony and strengthen social networks across Toronto.

I have been honoured to be on the Board of Directors for the last six years and hold the position of President for the past five years. My involvement with TIGP since 2001 has not only been personally rewarding for me, but also of great value to the youth that I teach. In my upcoming role as “Past President” I look forward to continuing to work together as we “Make Magic Happen”.

Mary Card, President, TIGP Board of Directors

SOME OF TIGP'S V.I.P.'S WHO HAVE HELPED US ALONG THE WAY ...



WAYS THAT YOU CAN SUPPORT TIGP

Become an Individual Member

There is no cost to becoming an individual member of TIGP. As a member you support our vision and mandate of bringing generations and communities together.

Become a Long-Term Care Member

Recognize the benefits of being a long-term care member. We welcome and value your annual membership at various membership levels.

Volunteer Your Time

Our Board of Directors and staff value your contributions. Our volunteers include professionals, companies that share their employees' time and expertise, retirees, adults, youth, children and our community partners. Ask us how you can make a difference in your community!

Make a Monthly Donation

For as little as \$10 per month or just 34 cents a day, you can support intergenerational programs in your community. You will receive one convenient tax receipt on an annual basis, before the end of January each year.

Donate a Gift in Memory

Your single gift, in memory of a loved one or in honour of a friend or an occasion, will support TIGP in making lasting memories in intergenerational programs. A card will be sent in your name and the Gift of Memory will be recognized in our Annual Report.

Donate your Air Miles – Club Z – Shoppers Optimum – Petro and Esso Points

By donating your points to TIGP you will be enabling us to turn your points into valuable items that can be used in our annual fundraising campaigns.

Join us as we walk in the Toronto Challenge Walk

Sign up your family, friends and colleagues and join us as we walk in support of seniors. This 1K and 5K fundraising walk and run is held in June each year. All proceeds go directly to TIGP.

Sponsor TIGP

Partnering with TIGP can bring lasting benefits to a company, from improved community relations to increased employee motivation and involvement. We develop mutually-beneficial partnerships based on the interests of our partners. Bring your company on board to support TIGP. There are a number of ways to get involved, such as:

- **Sponsorship** - increase awareness of your company among consumers
- **Matching Gifts** - a way to give with your employees
- **Employee fundraising** - an effective way to motivate staff and provide team-building opportunities
- **Cause-Related Marketing** - enhances your brand and helps retain customers
- **Donations and Gifts-In-Kind** - donate to our annual fundraising campaigns



We honor these donations that have a major impact on communities, while contributing to the success of Toronto Intergenerational Partnerships -

**Friends of TIGP
(\$1 to \$999)**

A & A King Foundation
A. Anderson
J. Arbour
Beach Metro News
M. Card
B. Conlin
J. and V. Cribben
J. Dey
R. Ford
S. Hanmer
R. Jones
P. Lam

D. K. Lang
A. Lauzon
C. Manley
E. Manley

J. Nelson
L. Reid
E. Stasiuk
P. Tong



**Supporters
(\$1,000 to \$4,999)**

Atlas Care
Bickle Foundation
Drummond Foundation
Hi-Tech Compunet

**Community Builders
(\$5,000 to \$9,999)**

Second Story Press
State Street Foundation

Appreciation is also extended to all of our Temptations 2011 Donors and to those who are supporting TIGP in our 3rd Annual Toronto Challenge Walk, including our sponsors:

- IntegraCare
- Sherrin and McDougall & Brown Funeral Home
- Shoppers Home Health Care
- The Big Carrot
- The O'Neill Centre

Special thanks to our funders and corporations who supported TIGP through financial and in-kind support:

- Citizenship and Immigration Canada
- New Horizons for Seniors Programs
- The City of Toronto
- The Toronto District School Board
- Toronto Central Local Health Integration Network (TCLHIN)
- Toronto Community Housing

WAYS TO DONATE TO TIGP

Donate Online: Visit our website – www.tigp.org – to make a secure online donation through **Canada Helps** using your Visa, MasterCard or American Express.

By phone: Call us at (416) 531-8447 ext. 1

By mail or fax: Contact us at –
Toronto Intergenerational Partnerships
Danforth Collegiate and Technical Institute
800 Greenwood Avenue, Room A36
Toronto, Ontario M4J 4B7
Fax: (416) 531-7337

Attention: Sue McMahon, Executive Director

BUILDING COMMUNITIES

State Street Foundation announced their support for community agencies at a Wine & Cheese Reception on November 4, 2010. TIGP was awarded a grant to maintain the Greenwood Towers Intergenerational Lunch Program for another year.



Thank you for voting to say that you cared about TIGP!

Roger Grochmal, CEO and Chief Brand Officer at **AtlasCare**, presented TIGP with the October 2010 "Atlas Care to Share Award".

TIGP 2011

Walk Sponsors:

- IntegraCare
- Sherrin and McDougall & Brown Funeral Home
- Shoppers Home Health Care
- The Big Carrot
- The O'Neill Centre

Toronto Challenge Walk in support of Seniors



Thank you to all who walked, volunteered and made pledges in support of Toronto Intergenerational Partnerships. Please join us this year on June 12, 2011.

Sunrise Towers—CultureFest



The **Sunrise Towers CultureFest Event** brought seniors and community members together to celebrate intergenerational diversity. Victoria Park Collegiate youth and community volunteers performed cultural dances, seniors visited cultural displays and everyone learned about worldwide customs and traditions.



Temptations 2011



This year's "Temptations" was an exciting event. It was so well attended, it sold out. Our guests for the evening commented on the captivating entertainment by The Urban Brothers Band featuring Mike Welsman and Tony Cauch, the enthusiasm of our auctioneer MPP Michael Prue, and the professionalism of both our youth volunteers and community volunteers as they worked together with our staff and members of our Board of Directors to fundraise for our intergenerational programs across Toronto. Special thanks to over 90 corporate and individual donors for your continued support!

Teesdale Place—Heritage Day Event

A sunny day with over 300 guests attending, 25 youth volunteers, 57 entertainers and staff from 10 agencies partnering together.

What a success!



Celebrating 25 Years of “Bringing Generations and Communities Together”

In 1981, a working group was formed in the Riverdale community, consisting of Educators, School Trustees, City Councillors and members of the community, to respond to the needs of two distinct groups – children and youth, and seniors. A survey of area schools and local community organizations serving seniors demonstrated the need for social contact and activation for isolated seniors, as well as the need for children and youth to have regular contact and access to the life experiences, skills and talents of seniors.

Based on these needs and the interests of those serving seniors, children and youth, TIGP became a key player, taking the lead role in coordinating and developing intergenerational support through a variety of activities and programs.

In 1983, the working group formed Toronto Intergenerational Project which served children and youth, and seniors in Wards 7, 8 and 9 in Toronto. Based on the growing interest and demand for services, Toronto Intergenerational Project changed its name to Toronto Intergenerational Partnerships in Community and expanded its service catchment area to city-wide to serve all ages (including older youth and adults).

Rooted in community throughout its history, TIGP’s work has been an important volunteer and programming resource in mobilizing and bringing value to the contributions of children and youth, and adults and seniors in communities across Toronto.





BENEFITS OF INTERGENERATIONAL PROGRAMS

For Community and Society as a Whole

- Healthier populations (improved emotional, mental and physical health)
- Safer neighbourhoods (less crime, less abuse, less violence)
- Stronger communities (everyone's strengths are utilized)
- More harmonious communities (positive regard for different generations and cultures; less discrimination)
- Demographic change management (smoother management of demographic change and the aging population)
- Generational knowledge transfer (reduced loss of societal and cultural knowledge and skill)

Benefits to Children and Youth

- The development of healthy attitudes towards aging
- Educational enrichment and ongoing skills development
- Improved self-esteem, social and life skills
- A strengthened sense of community and social responsibility
- The promotion of culture, heritage and history

Benefits to Adults and Seniors

- Improved life satisfaction and enhanced self-esteem
- Ongoing skills development
- Feelings of continued usefulness and connectedness in the community
- An opportunity to decrease social isolation through the development of meaningful relationships with younger generations, that extends beyond family and friends

TIGP - COMMUNITY CONNECTIONS



Getting connected at the Greenbrae “Seniors in Cyberspace” program.



Learning new skills at the Emerald Isle Seniors Society “Seniors in Cyberspace” program.

Feedback from participants -

“kind of a medicine – I left feeling uplifted”

“very inspiring, revitalized seniors who felt hopeless”

“seniors became more comfortable around one another”

“practical exploring – enhanced second language skills and English skills”

“oral history is at root level, better than reading stories from a book”

“our chairs are still in a circle”

Sharing cultural cuisine and family memories at the Teesdale “Community Kitchen” program.



Demonstrating favourite family recipes at the East York Acres “Community Kitchen” program.

Sharing life experiences at the Sunrise Towers “Memory Program”.





TIGP - HEALTH AND WELLNESS PROGRAMS



On the move at the Gilder “Community Health and Wellness” program.

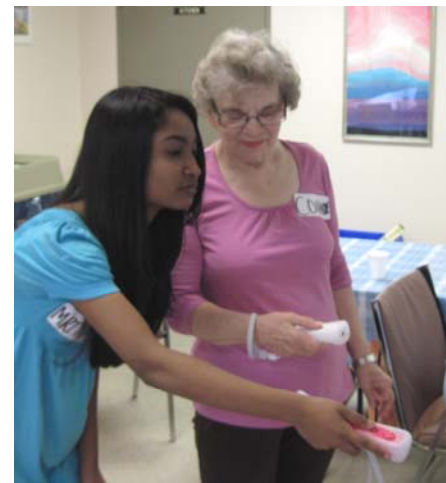


Learning new skills while keeping fit at Gus Harris Place.

Peer volunteers sharing their new knowledge at the Winchester Square “Health and Wellness” program.



Learning from youth volunteers at the Blair Court “Nintendo Wii Fit” program.



Taking leadership roles at the Greenwood Towers “Tai Chi Fitness” program.



Our Social Visiting Partnerships are made possible through funding from the Toronto Central Local Health Integration Network (TCHLIN) and the City of Toronto.



Revera Bell Ringers

The **Versa Care “Revera Bell Ringers”** performed for over 300 guests at the TIGP AGM in June 2010 and also delighted over 200 senior citizens when they performed at the Monarch Park Collegiate “A Very Halal Christmas Dinner for Seniors and Veterans”. (Dec. 2010)

Positive Energy at Wellesley Central Place



Winchester Public School students visit seniors at Wellesley Central Place twice a month for social games and crafts. Life Enrichment staff Svitlana Melynk believes “the visits make the residents so happy and the children create positive energy for the entire day”. Svitlana is extremely grateful as “the program creates happy moments and lasting memories for the seniors.”

New Skills at Gibson Long-Term Care



The Social Visiting Program at Gibson LTC provides seniors with an opportunity to teach Doncrest Early Learning Centre pre-school children new skills. Lillian Walwyn, Volunteer Coordinator, shares that “when the children visit, the room is full of smiles and laughter. The seniors enjoy sharing their knowledge and they count the days waiting for the children to return for their next visit.”



SOCIAL VISITING HIGHLIGHTS

Making Memories at Fudger House



Students at Rose Avenue Public School enjoy learning about the life experiences of their senior partners at Fudger House through storytelling and curriculum-related activities.

Socializing at the Second Mile Club



Social recreational games are a favourite pastime at the Second Mile Club when children from Winchester Public School visit. Janice Richardson, Program Coordinator, finds “the children bring excitement to the program as the children are always so eager to see their senior partners.”

The Sound of Music



Singing together is one of the favourite activities at the Heritage Nursing Home and Bruce Jr. Public School intergenerational program. “The seniors anxiously await the visits from the children and it’s one of the more popular programs at our home,” says Suzette Greenidge, Program Manager at Heritage Nursing Home. *(Heritage Nursing Home was one of TIGP’s first partners in 1986 and their program is outstanding.)*

Home Help

Do you need help with cutting grass, raking leaves, shoveling snow or odd jobs around your house?

Our **Seniors Assistance Home Maintenance (SAHM)** program can provide you with a student or adult worker for \$10.00 an hour.



Note that this is not an emergency service so please register early by calling Diana Locke at (416) 531-8447 ext. 2.

VOLUNTEER HIGHLIGHTS

Congratulations to (left to right) Sue Marges, Danny Guy and Bev Hutton, recipients of the 2010-2011 TIGP Volunteer of the Year Award.



Sue, Danny and Bev have extended themselves beyond the call of duty while serving seniors in the Flemington Park community for over five years. As a dedicated team they are always eager to support new program initiatives and community events, quick to lend a hand where needed and enthusiastic while ensuring that the needs of seniors are met. It's no wonder that they were unanimously voted to win this award!

Congratulations to Winnie Lu, recipient of the 2010-2011 TIGP Youth Volunteer of Year Award.



Winnie Lu has shared her knowledge of technology as a volunteer in the Sunrise Towers Seniors in Cyberspace program for two years. Winnie has also been keen to assume a leadership role where she recruited her peers at Victoria Park Collegiate as volunteers and extended herself to assist with organizing special events and storytelling training sessions that benefitted both seniors and her peers.

"No one cares what you know, unless they know that you care."

- Unknown

Seniors in Cyberspace Award



Al Smith has shared his IT knowledge and supported lifelong learning in the Seniors in Cyberspace program at Winchester Square during the past two years. Al is always eager to lend a hand, share his knowledge and fix any IT challenges that are encountered.

Congratulations to Al Smith recipient of the 2010-2011 TIGP Seniors in Cyberspace Award.

VOLUNTEER HIGHLIGHTS



2010 Citizenship Awards

Congratulations to these Danforth Collegiate and Technical Institute Youth Volunteers who are being recognized by the Ministry of Citizenship and Immigration's Voluntary Service Awards for over two consecutive years of service with TIGP:

Sadman Khan
Benson Chan
Thuvaaraga Cadamban

Lucy Le
Sandra Feng



Congratulations to IVAC Volunteers, recipients of the 2010-2011 TIGP Community Service Award.

The Intergenerational Volunteer Advisory Committee (IVAC) was formed through a grant from New Horizons for Seniors. The committee is comprised of long-standing volunteers who have dedicated years of community service, in various capacities, within TIGP. With a range of life experiences and knowledge in different fields, these leaders have supported volunteer engagement in the areas of ESL/Literacy Mentoring, Horticultural and Community Development.

Members of IVAC are presently meeting to develop the framework for the new TIGP Ambassador Committee who will be representing TIGP as we work to raise funding for programs.



Congratulations to Working Women Community Centre, recipient of the 2010-2011 TIGP Seniors in Cyberspace Award.

Special Event Volunteers



Special thanks to a mother and daughter team, Fahima and Fatima Iqbal, for providing Henna Artwork Designs at our special community events this year.

OUR 2010-2011 COMMUNITY PARTNERS

Elementary Schools

- Alexander Muir/Gladstone Junior/Senior
- Blake Junior
- Bruce Junior
- Dundas Junior
- Eglinton Junior
- Essex Junior/Senior
- Hawthorne II Alternative Bilingual School
- Humberside Montessori
- Keele Street Junior
- Kensington Junior
- McMurrich Junior
- Montrose Junior
- Parkdale Junior Public
- Queen Victoria Junior
- Rose Avenue Junior
- Winchester Junior

Secondary Schools

- Danforth Collegiate & Technical Institute
- Don Mills Collegiate
- East York Collegiate
- Heydon Park Secondary School
- Jarvis Collegiate Institute
- Monarch Park Collegiate
- Riverdale Collegiate Institute
- Victoria Park Collegiate

Colleges and Universities

- Everest College
- George Brown College
- Guelph Humber College
- Ryerson University
- Seneca College

Day Care, Child Care and Parent Resource Centres

- Danforth Child Care Centre
- Dawes Road Centre for Early Learning
- Doncrest Early Learning Centre
- Duke of York Daycare
- Flemingdon Childcare
- Hillcrest Daycare
- Jesse Ketchum Child Care
- Kids and Company Daycare
- Parent Resources
- Special Moments Child Care Centre
- West End Parents Daycare

Agencies and Organizations

- Castlevue Wychwood Towers
- Cedarvale Terrace LTC
- Elm Grove Living Centre
- Fairview Nursing Home
- Four Villages Community Health Centre
- Fudger House
- Gibson Long-Term Care
- Grenadier Retirement Residence
- Hellenic Homes
- Heritage Nursing Home
- Kensington Gardens
- Lakeside Long-Term Care
- Loyola Arrupe
- Maynard Nursing Home
- Meighen Retirement Residence

- Nisbet Lodge
- Reikai Centre
- Second Mile Club
- Skills for Change
- Sunshine Centre for Seniors
- The O'Neill Centre
- Toronto Community Housing Corporation
 - Blair Court
 - East York Acres
 - Gilder Club 31
 - Glenyan Manor
 - Greenbrae
 - Gus Harris
 - Flemingdon Area
 - Greenwood Towers
 - Sunrise Towers
 - Teesdale Place
 - Winchester Square
- True Davidson Acres
- Vermont Square
- Versa-Care
- Wellesley Central Place
- Working Women Community Centre

Members of —

- Don Valley Local Integration Partnership
- GTI Seniors Service Alliance
- Ontario Gerontology Association
- Scarborough South-West Local Integration Partnership
- Seniors Service Network
- Social Planning Toronto
- Teesdale Service Network
- Volunteer Toronto

Bringing Generations and Communities Together since 1983



Toronto Intergenerational Partnerships

Danforth Collegiate and Technical Institute
800 Greenwood Avenue, Room A36
Toronto, Ontario M4J 4B7

Phone: 416-531-8447

Fax: 416-531-7337

E-mail: sue@tigp.org

www.tigp.org